

# 新时代实用英语

基础篇

第二版

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New Era Practical English



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# Unit 1



## **A New Start**

Items		Teaching Objectives	Teaching Difficulties	Time Allotment
Let's Listen		To learn some words or phrases used in college life	To understand some key words related to the theme	50 mins
Let's Discuss		To practice how to spend college life	To master some words and structures about college life and pay attention to pronunciation	30 mins
Let's Read	Passage A	To read for suggestions in college life	To learn words and phrases related to college life and study	120 mins
	Passage B	To learn effects of Internet access on college life	To learn to analyze some complex structures and try to translate them into Chinese	75 mins
Grammar Buildup		To form clear concepts of articles and numerals: definitions, functions and specific usages	To learn to use different articles and numerals under specific circumstances	50 mins
Let's Write		To know signs in public	To use the signs in daily life and keep the uncommon signs in heart	50 mins
Video Clip				25 mins

### **Related Information**

### 1. College Life

College life is an especially precious period of time. Time spent at a college is a most worthwhile period in a young person's life. This is a time when a student begins his or her ideas about life in general. Attending classes and reading in the library keep a student busy and provide him or her with access to valuable information, which can add to his or her knowledge base.

College life is an especially important period of time. If you make good use of your golden time in college, you will learn a lot of things not only in the textbooks, but also outside the textbooks; not only in theory, but also in practice.

College life is an especially colorful period of time. Someone says college is just like an ivory tower, and it is also like a colorful drawing, where the youth can paint the brightest colors. College life is a meaningful poem, too, and each youth is one of the most beautiful words.

College is just like a small society. It is of course full of competitions. College students will face jobhunting very soon. College students try to exercise before entering the big society. The purpose is to test both knowledge and ability. We must get more and more knowledge and learn techniques to deal with the new situation. "Time and tide wait for no man!" We must treasure every minute of our college life. If you want to be successful in the near future, you should get involved not only in school subjects but also in outside class activities.

### 2. Academic Calendar System

Compared with Chinese traditional education system, American university system and time for learning or vacation are different in different states or schools. Academic Calendar System can be divided into Early Semester, Semester, Quarter and Trimester. There will be different credits calculations, ways of class and time for learning or vacations in different educational systems.

### (1) Early Semester

The academic year (9 months) can be divided into about 15 to 18 weeks in Early Semester. The first semester (fall class) is a little shorter than the second (semester) (spring class). The first semester often starts from the end of August and ends in December while the second (semester) from the middle of January to the middle of May during which students can choose summer sessions freely.

### (2)Semester

The semester system is the most adopted school system. In the general semester, nine-month school year is divided into two sixteen-week semesters. Generally speaking, there is a teaching period for fifteen

weeks and the last week is for test. The first semester starts at the end of August and ends in the late December and the second one is from January to May.

### (3)Quarter/Term

Quarter system is that all subjects in a year are divided into four parts, one of which will be finished in each spring, summer, fall and winter. Each season is called a quarter, which just lasts two and a half months. The first quarter starts from January to March, but the third one, the quarter in summer starts from August to October. The foreign students who study in the quarter university must study at least three quarters a year (pay tuition fees for three times). Only if so, student status can be reserved. In the four quarters, the quarter in summer is a must.

### (4)Trimester

The trimester system divides the twelve-month school year into three semesters. Each semester lasts about sixteen weeks. The first one (fall class) starts from the end of August or the beginning of September and ends before Christmas Day. The second one (winter class) starts from the beginning or middle of January and finishes about four months later. From the end of April or the beginning of May is the third semester, namely spring class which contains two parts, spring class (April to June) and summer class (June to August). The trimester system university is seldom in America but most in Australia. In the trimester system fall class and winter class are compulsory and the third one can be chosen freely.

### 3. Introduction to International English Level Tests

### **IELTS**

IELTS is the abbreviation of International English Language Testing System. It is organized by the British Council, the University of Cambridge's ESOL and IDP Australia. IELTS is accepted as evidence of English language proficiency for study, work and migration in Australia, Canada, New Zealand and the UK, as well as for study and work in the USA.

### **TOEFL**

TOEFL is the abbreviation of Test of English as a Foreign Language. It is organized by American Educational Testing Service. It aims to test the English level of the students from non-English-speaking countries. TOEFL is the most widely respected English-language test in the world, recognized by more than 10,000 colleges, universities and agencies in more than 130 countries, including Australia, Canada, the U.K. and the United States. Wherever you want to study, TOEFL can help you get there.

### **GRE**

Another test organized by American Educational Testing Service is GRE. GRE stands for Graduate Record Examination. It is a kind of entrance exam for graduate students.

### **SAT**

SAT is shortened for Scholastic Assessment Test. It is one of the most widely used college admission

exams which is hosted by College Board. If you want to apply for any of the top universities in foreign countries, you are required to take the SAT. SAT is divided into SAT Reasoning Test and SAT Subject Test which lasts 3 hours and 45 minutes in the test.

### Let's Listen

### Task 1 Listen and repeat the following sentences.

### Script:

- 1. I can never forget the day when I stepped into my university.
- 2. College is a place for a new beginning.
- 3. The pressure of choosing the right major is more intense than ever.
- 4. Friendly people are another thing I like about college.
- 5. Living at college gives me a sense of responsibility.
- 6. College is a place where students are electronically linked to each other.
- 7. Kim and I stayed roommates for all the four years of college.
- 8. Everything in the college is full of challenge.

### Task 2 Listen and fill in the blanks with what you hear.

### Script:

- 1. College will be the most important years in your life.
- 2. If you graduated and learnt something in your four years, we would feel happy.
- 3. I passed the entrance examination of national college by excellent achievements.
- 4. Communication is very important to my college life.
- 5. The college life is wonderful.
- 6. I am the monitor and playing an active role in class and school.
- 7. For most college students, non-stop Internet connectivity is the fuel of college life.
- 8. Tolerance is the key to living together on campus.

### Task 3 Listen and complete the following sentences with what you hear.

### Script:

- 1. College education is not only preparation for a career, but also preparation for life.
- 2. Thanks to other volunteers' help, I overcame those difficulties.
- 3. We also write a play and put it on in our spare time.
- 4. Choosing a career primarily based on economic factors can lead students to poor choices.

5. There was no doubt that I came across many difficulties at first.

# Task 4 Listen to the following conversation and choose the best answer to the question you hear.

### **Script:**

M: Look at the nine-storey building over there. That's the school library.

W: Oh, what a big library it is! I love books best. Books to me are what air is to life.

M: Yes, you're right. I'm sure you will enjoy yourself there, because there is a wealth of information in the library.

W: I'm sure, I will. Is the library open all the day?

M: No, it isn't. The lending section opens from 9:00 a. m. to 4:00 p. m., but reading rooms will stay open until 11:00 p. m. even on weekends.

W: That's wonderful! But first of all, I hope to apply for a library card. I have to get it as soon as possible.

M: Don't worry about it. Your department will make all necessary arrangements for you within a week

W: A whole week? I want to borrow books right now.

M: Now? What kinds of books do you want to borrow?

W: English books, my English is not good. I would like to learn it ahead of time, or I am afraid I can't follow our teacher when our new lessons begin.

M: How about New Concept English? It is suitable for English learners.

W: OK! If you could lend it to me, I would appreciate you.

M: No problem.

W: Thank you a lot.

M: Not at all.

### Questions 1 to 5 are based on the conversation you've just heard.

Q1: Which statement is true about the library according to the conversation?

Q2: Why does the man think the woman will have a good time in the library?

Q3: What is the reading room's working time?

Q4: What kinds of books does the woman want to borrow?

Q5: What should the woman do before borrowing books?

**Key:** 1. C 2. C 3. D 4. A 5. B

### Task 5 Listen to the following conversation and answer the following questions according to what you hear.

### Script:

M: It's a lovely day, isn't it?

W: Yes, it is. Are you from Canada?

M: No, I'm from the U.S., I'm Tom. What's your name?

W: I'm Mary. I'm from Beijing, China. This is my first time out of China.

M: It's nice to meet you.

W: It's good to meet you too. What are you studying here?

M: I'm studying Chinese. I hope I can go there some day. I'm really interested in Chinese history.

W: Do you think Mandarin is easy or difficult?

M: Oh, it's very difficult. But it's really interesting and I like it very much.

W: I hope you can make rapid improvements in your Chinese. If you want to practice, just let me know. I'd be more than happy to help you.

M: Really? It's very kind of you. I don't have anything to offer you though. Your English is great.

W: Maybe you could buy me a cup of coffee.

M: Anytime.

W: By the way, it is better to get an English-Chinese dictionary. If coming across some new words, you can look them up.

M: OK, no problem. I will get one on the Internet. Thanks a lot.

W: You're welcome!

### Key:

- 1. He is from the U.S.
- 2. He is interested in Chinese history.
- 3. She is good at English and Chinese.
- 4. It's difficult but interesting.
- 5. She will offer him help with Chinese.

### Let's Discuss

### Suggested Answer:

### Task 1

- 1. having a class discussion
- 3. joining in public service activity
- 5. playing basketball

- 2. taking part in a guitar club
- 4. communicating with friends
- 6. reading in the library

### Task 2

### Script:

Lin Tao: Hi, Jim. What do you like doing in your spare time?

Jim Smith: I like playing the guitar.

Lin Tao: Wow, so do I. We can join the Guitar Club.

Jim Smith: That's a good idea. We can make full use of our time.

Lin Tao: Absolutely. What kind of music do you like best?

Jim Smith: Jazz. What about you?

Lin Tao: I like pop music very much.

Jim Smith: So let's go and fill in the registration forms.

Lin Tao: Great. Let's go.

### Task 3

(Open)

### Let's Read

### Passage A

### Language Study

- 1. (Para. 2) It is in college that you will truly discover what learning is about.
- —Just in the college you will truly discover what learning is about.

译文: 在大学里, 你才会真正发现学习的真谛。

In the sentence, it is/was... that/who shows an emphasis structure.

### **Examples:**

It was at the railway station that I met Li Ming yesterday.

昨天我是在火车站遇到李明的。

It was yesterday that I met Li Ming at the railway station.

我是昨天在火车站遇到李明的。

- 2. (Para. 2) College will be the period when you go from teacher-taught to master-inspired, after which you must become a self-learner.
- —College will be the period when you learn what you like by guidance from teachers and then you master what you like by inspirations from teachers, at last you can learn what you like by yourself.

译文:大学是你由被动学习转为主动学习的时期,之后你将成为自主学习者。

inspire: 鼓舞, 鼓励

### **Examples:**

These herbs will inspire you to try out all sorts of exotic-flavored dishes!

这些香草会激发你去品尝各种异国风味的菜肴!

The story was inspired by a chance meeting with an old Russian duke.

这个故事的创作灵感来自与一位俄国老公爵的不期而遇。

3. (Para. 2) So do take each subject seriously, and even if what you learn isn't important for your life, the skills of learning will be something you value forever.

译文:因此,一定要认真看待每门课程,因为即使现在所学对你的生活无关紧要,但学习的技能将使你受用终生。

even if: 即使

### **Examples:**

Even if the amendment is passed, it can be defeated judicially.

即使修正案获得通过,也有可能通过司法途径被废除。

Even if the weather's awful, there's lots to do.

即使天气很差,也还有好多事情可做。

- 4. (Para. 3) Do not fall into the trap of tradition.
- —Your thought should not be limited by dogma.

译文:不要被传统思想所束缚。

fall into: 进入, 陷入

### **Examples:**

Keep your options open and everything will fall into place.

给自己留出选择的余地,一切将会水到渠成。

Both women fall into the highest-risk group.

两个女人都属于高危人群。

5. (Para. 3) Remember during your high school debate class, I always asked you to take on the side that you don't believe in?

— Did you remember the debate class in high school in which I suggested you to put your position where you didn't agree?

译文:还记得你高中上辩论课时,我总是让你选择你并不认可的那一方来辩论吗?

debate: 争论,辩论

### **Examples:**

His vacuity was a handicap in these debates.

在这些辩论中,思想贫乏是他的一个弱点。

An intense debate is going on within the Israeli government.

以色列政府内部正在进行激烈的辩论。

6. (Para. 3) You will become a better problem solver if you recognized that.

—When you realize you should analyze a problem from many different aspects, you will become good at solving problems.

译文: 意识到这一点, 你就会成为一名很好的问题解决者。

recognize: 认出,意识到,辨认出

### **Examples:**

He walked along in the shadows hoping no one would recognize him.

他在暗处向前走,希望没有人能认出他来。

You have changed so much that I can hardly recognize you.

你的变化太大了,我简直认不出来了。

7. (Para. 3) This is called "critical thinking", and it is the most important thinking skill you need for your life.

—This is called "critical thinking" which you need most in your life.

译文:这就是"批判性思维"——你人生中需要的最重要的思维技能。

critical: 批判, 评判

### **Examples:**

He was a critic and theorist. What I discovered was his critical writings.

他是位批评家和理论家, 我发现的是他的批评作品。

I gather his report is highly critical of the trial judge.

据我所知, 他在报道中毫不留情地批评了初审法官。

8. (Para. 4) Enjoy picking your dots, and believe one day you will find your calling, and connect a beautiful curve through the dots.

—Try your best to choose every detail in every step of your life and make sure someday you will lead a wonderful life.

译文:尽情地选择你的点吧,相信终有一天你会找到自己的人生追求,并用这些点勾勒出一条 美丽的曲线。 curve: 曲线, 弧线

### **Examples:**

The slope increases as you go up the curve.

上了弯道以后,路越来越陡。

His plane swooped a beautiful curve up and down.

他的飞机在上下翻飞时画出了一条美丽的曲线。

9. (Para. 5) Grades are just silly letters that give the vain people something to brag, and the lazy people something to fear.

译文:成绩只不过是虚荣者用以吹嘘而慵懒者所恐惧的无聊数字而已。

brag: 自夸,吹嘘

### **Examples:**

Don't brag about what you're going to do. Get something done.

先别吹,做出具体成绩来再说。

Even I would brag to my friends in Beijing that I hadn't seen foreigners in Guangzhou in weeks.

甚至我也会向我的北京朋友吹嘘自己在广州好几个星期都没见到外国人。

10. (Para. 6) College friends are often the best in life, because during college you are closer to them physically than to your family.

—The reason why friends made in college are the most precious in all friends of your life is that you stay longer with them than your family members during college.

译文: 大学的朋友往往是生命中最好的朋友,因为和家人相比,大学期间你和他们更亲近。

be close to: 不远, 接近

### **Examples:**

The measured value will be close to one of the two values.

测量值靠近两个值之一。

To be close to your friend, but closer to your enemy.

要亲近你的朋友, 更要亲近你的敌人。

### 课文参考译文

### 给女儿的一封信

### 亲爱的女儿:

当我们驾车驶离哥伦比亚的时候,我想给你写封信,告诉你萦绕在我心头的想法。

大学生活将是你一生中最重要的时光。只有在大学里,你才会真正发现学习的真谛,你将从被

动学习转向主动学习,成为自主学习者。因此,即使所学知识对你的生活无关紧要,也要认真对待 每一门课程,学习技能将使你终身受益。

不要被传统思想所束缚。任何问题都并非只有一个答案。还记得你高中上辩论课时,我总是让 你选择你并不认可的那一方吗?那么做只有一个原因,就是凡事并非"非黑即白",看待一个问题 有很多方法和角度。意识到这一点, 你就会成为一名更好的问题解决者。这就是"批判性思维"—— 你人生中需要的最重要的思维技能。这也意味着你需要包容、支持不同的观点。

要追随激情,选择你感兴趣的课程,不要纠结于别人会怎么想怎么说。激情会创造出很多点, 而在随后的生活中你会把它们连成线。尽情选择你的点,相信终有一天你会找到自己的人生追求, 并用这些点勾勒出美丽的曲线。

在功课上要尽力,但不要搞得压力缠身。我和你妈妈在成绩上对你没有什么要求,只要你能顺 利毕业并在这四年时间里真正学到东西,我们就很高兴了。分数只不过是虚荣者用来吹嘘而慵懒者 所恐惧的无聊数字而已,而你两者都不是。

还有一点最重要、那就是多交朋友、快乐生活。大学的朋友通常是生命中最好的朋友、因为和 家人相比,大学时期你和他们更亲近。选择一些真诚本分的朋友吧。

亲爱的女儿,我想对你说,大学生活是你的新起点。你将开启新的生活。珍惜并充分利用这段 时光,成为自己命运的主宰者,在即将到来的岁月里战胜困难和挑战,不断成长!

爱你的老爸:约翰

### **Key to Exercises**

### Comprehension of the Text

Task 1 Complete the following table according to the passage.

- 1. each subject 2. The skills of learning 3. tradition 4. Follow your passion
- 5. many dots 6. lines 7. silly letters 8. Make friends 9. be happy

Task 2 Decide whether the following statements are true (T) or false (F) according to the passage.

1. T 2. T 3. F 4. F 5.T

**Task 3** Fill in the blanks with the phrases given below, change the forms if necessary.

1. fell into 2. in vain 3. are close to 4. drove off 5. Even if 6. believe in

### Beyond the Text

Task 1 Suppose that you are the daughter of the author, and after reading the letter, you are going to give your father a call. What will you say to him?

Sample: Hello, Dad. I'm really surprised to receive your letter. I'm grateful for what you said in the letter. Your suggestions will help me a lot and make me avoid some unreasonable choices. I'll try my best to think critically and be a better self-learner and problem solver. Meanwhile, I will make many college friends and be closer to them.

Task 2 It's difficult for you to be a self-learner, but there are some ways for you. Changing your bad habits could be the first step to be a good self-learner. And here are some examples to help you.

- 1. I always can't finish my homework on time, so I prepare to make a schedule.
- 2. <u>I always play games on my mobilephone in the class, so I decide to leave the mobilephone in the</u> dormitary and listen carefully.
- 3. I always can't concentrate on reading books, so I try to give myself some rewards after finishing a book.

### Passage B

### 课文参考译文

### 网络时代的大学生活

欢迎来体验 21 世纪的大学生活:通过每周 7 天,每天 24 小时奔腾不息的信息河流,学生之间、师生之间以及学生和课堂作业之间都建立了电子化的联系。众多大学的无线互联网覆盖了校园的各个角落,大学整体上来说,已经成为互联网最普及的地方。

学生们表示非常看重这一点,那就是动动手指就可获得无限的网络信息,哪怕凌晨两点也可以给教授发送电子邮件,并且第二天早上就能收到回复。一位工程专业的学生说:"我感觉无论课内还是课外,都有随时与他人交流的办法。"

很多学生在使用智能手机,不仅能自由编辑文本,还能做更多事情,比如练习外语、分析戏剧课上的脚本等。在一所大学的美国电台史课上,学生们用智能手机录制自己的广播节目。这门课的老师说:"这让学生对课程更感兴趣。"学校一直鼓励教授们录下授课内容并发布到网上。一位杰出的大学主管说:"我们意识到,像这样一种能引起学生关注,并能促使他们深入思考的工具也许大有潜力。"

对于大部分学生来说,永不间断的互联网链接就是大学生活的动力。网络工具不只是玩具,更

是存储和管理几乎各种信息的强大工具。随着世界上越来越多人的使用,这些工具正变得不可或缺。 学生们可以运用神奇的互联网来完成作业,复习课程提纲,参与课堂讨论,进行线上社交,等等。 但同时, 学生们必须记住, 要规划并平衡好时间, 上网时间过多就意味着现实生活中学习、运动、 访友的时间过少。学生们不应该被电脑屏幕上的虚拟世界带离现实世界。

过去的十年时间里,为了尽可能给学生们提供先进而又免费的计算机系统,世界各地的大学一 直在更新其计算机系统。随时随地的网络接入技术在教育领域已经显示出了惊人的好处。随着计算 机技术的进一步广泛应用,我们将会拥有新的一代人,作为问题的解决者和机智的思考者,他们在 未来的世界不可或缺。

### **Key to Exercises**

Task 1 Read the passage and complete the following sentences with the information you get from the passage (no more than 3 words).

- 1. every minute 2. sense of excitement 3. balance our time 4. real world outside
- 5. intelligent thinkers

### Task 2 Translate the following English into Chinese.

- 1. 欢迎来体验 21 世纪的大学生活:通过每周 7 天,每天 24 小时奔腾不息的信息河流,学生之 间、师生之间以及学生和课堂作业之间都建立了电子化的联系。
- 2. 很多学生在使用智能手机,不仅能自由编辑文本,还能做更多的事情,比如练习外语、分析 戏剧课上的脚本等。

### Grammar

### **Exercises**

Choose the best answer.

1. B 2. B 3. B 4. A 5. C 6. C 7. B 8. C 9. B 10. C 11. A 12. C 13. B 14. D 15. A

### Let's Write

### Signs

### Sample 1 **Hotel Signs**

Night porter on duty 夜间有行李搬运服务生

Business center 商务中心

Cleanliness and comfort assured 保证干净舒适

Luggage service 行李服务

Extremely well equipped 设施配备精良

Indoor swimming pool 室内游泳池

Fully centrally heated 中央暖气全部开放

Check-out time 退房时间

Reservation/Reception 预订/接待

Conference facilities 会议设施

Full central heating with house provided hot water 24 hours 中央暖气系统,房间 24 小时提供热水

### Sample 2 Tube and Train Signs

Mind the gap 小心台阶间跨度

Peak hours only 只限高峰时段

Single or return tickets only 单程或往返程票

Toilet engaged 厕所有人

Please keep gateways clear 请保持过道通畅

Left baggage 行李寄存

Customers lounges 旅客休息室

Lost property 失物招领

Luggage must not be put in the gate way 禁止将行李放在过道上

Certain stations are closed on public holidays 假日某些车站关闭

### **Practice**

### Task 1 Match the English items with their equivalents in Chinese.

- 1. E 2. G 3. H 4. B 5. I
- 6. C 7. D 8. F 9. J 10. A

# Task 2 Make the following English signs complete according to their Chinese meanings.

- 1. Road closed
- 2. Buy one, get one free
- 3. Slow, school
- 4. Low bridge ahead
- 5. Cashier

- 6. Inquiries/Information
- 7. Air <u>conditioned</u>
- 8. Daily specials
- 9. Dangerous bend
- 10. Please drive carefully

### Task 3 Translate the following signs into Chinese.

- 1. 遇火警时,严禁使用此电梯
- 2. 禁止随地吐痰
- 3. 未经允许,营业车辆禁止通行
- 4. 此处经常使用,禁止停车
- 5. 法规要求系安全带
- 6. 爱护公共财物
- 7. 随时照看好您的物品
- 8. 汽车行驶中,严禁与司机交谈